**Semester 1 Review of Progress**

I have improved in this semester especially in the note taking, writing descriptive essays and giving presentations. The improvements have been achieved due to the plans and targets that I put in the beginning of the semester. For example, the feedback from my teachers gave me a vision on the fields that I need to improve during the semester. The feedback from the first presentation that I did for this semester showed me that I need to have a good eye contact and try to focus on the points that I have on my slides. Also, note taking skill was a serious problem for me since I could not catch what is important and what is not. However, by practicing and writing the important information, made me better at taking notes. The difference of my skills at the beginning to the end of this semester was significant. My strengths were at listening and writing good essays; my weaknesses were speaking and taking information in a note form. However, at the end of this semester I have found that was becoming better at taking notes and giving presentations. In order for me to improve my English skills more, I need to sit up goals to achieve for the second semester and one of the main goal is to write a primary report and good structure of an argumentative essay since I am going to have those two major assignments for the next semester, and the report will be an individual assignment.

**Semester 2 Review of Progress**

I aimed to be better at writing argumentative essays, giving presentations, and writing summaries from my notes. So far, I have improved on almost every area, because the previous grades. However, I am still struggling on writing summaries based on a recorded lecture because it has been difficult for me to catch the important information that needs to be included in the summary. I have achieved the targets for week one by managing the time and putting more effort on the English modules. Keeping up my targets was not easy at all since I have been getting low grades on my engineering modules. I had to balance the spent time on the English and engineering subjects. Although the engineering modules did not have many assignments as the English one; the amount of topics are overwhelming and it is difficult to catch up. Unlike the English modules, the assignments were many, and the submitting deadlines for them were all in the same day. I find it very useful to set up the weaknesses and try to be better by improving them. By this method, it is easy to track weaknesses and strengths. Finally I think I have been significantly improving since I started the International Foundation Programme in autumn. Many areas I improved in such as writing, reading, listening, and note taking. As well as giving presentations was one of my biggest fears on the IFP; I still managed to give a good presentations. Writing the first primary report from semester one was very useful since it was a group task. I learned to work in a group and divide the tasks between my partners. Overall, the PDP assignment from the first and the second semester played a big part to improve my skills, and made me to success many areas that I needed to be better.